

*It may help someone to point out  
where he is heading,  
but the point is lost  
unless he is also helped  
to change his direction.  
The unhealed healer cannot do this for him,  
since he cannot do it for himself.  
The only meaningful contribution  
the healer can make  
is to present an example  
of one whose direction  
has been changed for him,  
and who no longer believes  
in nightmares of any kind.  
- from A Course in Miracles*